

Reflect

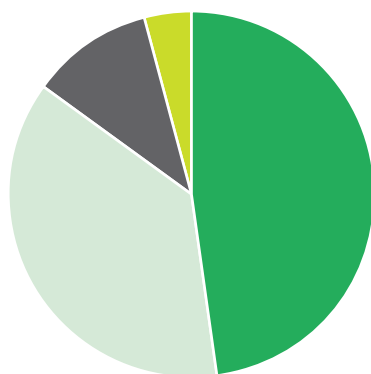


Reflect is a juice-based drink with high levels of omega-3, vitamin D and whey protein. Reflect is a food intended for individuals at risk of age related functional decline.

The product is developed to prevent and manage nutritional deficiencies associated with decline in cognitive function and muscle function in elderly.

Reflect contains EPA and DHA that contributes to the maintenance of normal brain function. Moreover Reflect contains Vitamin D that contributes to the maintenance of normal muscle function, and the normal function of the immune system.

A supplement for the normal diet. Low in lactose and gluten free. Ready to drink.



Energy distribution

- Fat 48 E%
- Carbohydrates 37 E%
- Protein..... 11 E%
- Fiber..... 4 E%

Nutritional content	100 ml	200 ml
Energy	389 kJ 93 kcal	778 kJ 186 kcal
Fat (48 E%)	5,0 g	9,9 g
of which		
- saturates	1,1 g	2,1 g
- mono-unsaturates	1,9 g	3,9 g
- polyunsaturates	1,4 g	2,7 g
-- omega-3 fatty acids	1232 mg	2464 mg
--- EPA *	403 mg	806 mg
--- DHA **	605 mg	1210 mg
Carbohydrate (37 E%)	8,5 g	17 g
of which		
- sugars	8,5 g	17 g
- lactose	<0,08 g	<0,16 g
Fibre (4 E%)	1,9 g	3,8 g
Protein (12 E%)	2,6 g	5,2 g
Salt	0 g	0 g
Vitamin D₃	1,5 µg	3 µg

* Eicosapentaenoic acid. ** Docosahexaenoic acid.
The ratio between EPA og DHA varies naturally in fish oil.

Important notice: Not for parenteral use. Not suitable as a sole source of nutrition.

Age groups: Intended for adults and elderly from 18 years of age. Safe for children over 3 years of age.

Dosage: 1-2 units per day, unless otherwise specified by a clinician or dietitian.

Precautions: Reflect has a low lactose content and contains fish oil that is purified from fish protein. Contains whey protein concentrate from milk. Not to be used by patients with cow's milk allergy.

Ingredients: Juice 90 % (from concentrate of apple, pear, pomegranate), **whey** protein (from cow's milk), **fish** oil (from cod), stabiliser (pectin), natural flavouring from jackfruit and mandarin/orange, antioxidants (rosemary extract, tocopherol-rich extract), malic acid, cholecalciferol.

Not added: Sweeteners, salt, artificial flavourings, colours or preservatives. Contains naturally occurring sugars.

Package: 200 ml cartons. Single pack or in tray with 18 units.

How to use: Shake well before use. Ready to drink and best served chilled.

Storage: Store in room temperature (1-25°C), away from direct sunlight. Once opened, store in a refrigerator for a maximum of 24 hours.

Production: The fishoil is from sustainably managed fish stocks in Norway and is MSC certified.

Regulatory status: Reflect is a Food for Special Medical Purposes.

Country of origin: Sweden

Smartfish AS: The company has an extensive clinical trial program.

For more information: www.smartfishnutrition.com
Smartfish's formulations are patented. Smartfish is a registered trademark of Smartfish AS.

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Gluten: Gluten free

Lactose: Low in lactose

Protein source: Whey protein concentrate from milk

Fat source: Fish oil from cod

Carbohydrate source: Glucose and fructose from fruit

Produced by:

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