

# Smartfish Cream



Smartfish Creamy Emulsion is a patented omega-3 product. Each sachet contains 5 g of the creamy emulsion providing 0.6 g of omega-3 fatty acids. Smartfish Creamy Emulsion is a perfect supplement to a child's healthy diet.

Smartfish Creamy Emulsion is appreciated by children of all ages due to its delicate cream-like texture and pleasant taste. The sealed sachet secures that the Smartfish emulsion is protected from oxygen before consumption, ensuring the pleasant taste.

Nutritional content	100 g	5 g
Energy	2432 kJ 581 kcal	122 kJ 29 kcal
Total fat	62.6 g	3.1 g
Saturated fat	12.2 g	0.6 g
Unsaturated fat	49.3 g	2.5 g
Omega-3 fatty acids	12 g	0.6 g
EPA*	3.5 g	0.18 g
DHA**	4.8 g	0.24 g
Carbohydrates	5.9 g	0.3 g
Protein	0.9 g	0.05 g

\* Eicosapentaenoic acid. \*\* Docosahexaenoic acid.  
The ratio between EPA and DHA varies naturally in fish oil.

**INDICATION:** Smartfish Creamy Emulsion is a nutritional supplement suitable for children and adults.

**IMPORTANT NOTICE:** Contains whey protein from milk. Should not be consumed by people with milk protein allergy.

**DOSAGE:** 1 sachet per day for children aged 1-12 years and 2-3 sachets per day for children and adults aged >12 years.

**AGE GROUPS:** Suitable for children from 1 year of age.

**PRECAUTIONS:** Smartfish Creamy Emulsion contains fish oil that is purified from fish protein. It contains whey protein concentrate from milk and should not be consumed by patients with cow's milk allergy.

**PACKAGING:** 1 box contains 28 sachets.

**INGREDIENTS:** Fish oil, water, rapeseed oil, sweeteners (xylitol, sucralose), whey protein, preservatives (malic acid, potassium sorbate), natural flavour (mango), thickening agent (xanthan), antioxidant (tocopherol-rich extract).

**DIRECTIONS:** Tear or cut along the perforation and squeeze into the mouth, place onto a spoon, spread onto biscuit or bread, or stir into yogurt or ice cream.

**STORAGE:** Store in temperatures between 1 to 25°C and out of direct sunlight. Not suitable to freeze. Keep out of reach from children.

**PRODUCTION:** The fish oil is produced from fresh liver of Norwegian Atlantic cod, caught in sustainably managed fisheries along the Norwegian coast. The fish oil is MSC and Halal-certified. The Smartfish Creamy Emulsion does not contain Genetically Modified Organisms (GMOs).

**COUNTRY OF ORIGIN:** Finland

**Smartfish AS:** SMARTFISH AS is a Norwegian development company with a large patent portfolio and an extensive clinical trial program.

**FOR MORE INFORMATION:** [www.smartfishnutrition.com](http://www.smartfishnutrition.com)  
Smartfish Creamy Emulsion is a patented formulation. Smartfish is a registered trademark of Smartfish AS.

**Gluten:** Gluten free

**Fat source:** Fish oil from cod and rapeseed oil