

Daily Omega-3

Our unique omega-3 drink with a daily supply of omega-3 fatty acids EPA & DHA, and vitamin D. A perfect everyday support to your overall health. Made with fruit juices and has a fresh tropical taste. Ready to drink & easy to bring. Informed Sports Certified.



Helps you stay on top every day

- A daily boost for the immune system
- Benefits heart health
- Benefits brain health

Key features

- High content of EPA and DHA from sustainable, premium wild catch Norwegian cod liver oil (440 mg)
- High content of vitamin D (5 µg, 100% of RDI)
- Juice based with a fresh fruity taste and juice texture
- Sustainable packaging

INGREDIENTS

Juice from concentrate (apple, grape), whey protein concentrate (**milk**), **fish** oil, stabiliser (pectin), natural flavourings, antioxidant (tocopherol-rich extract), vitamin D₃ (cholecalciferol).

STORAGE

Store in a dry place (1-25°C). Protect from direct sunlight. Once container is opened, store in the refrigerator and use within 24 hours.

FLAVOUR

Tropical

COUNTRY OF ORIGIN

Norway

CERTIFICATIONS

Informed Sport, Halal, Friend of the Sea

ALLERGENS

Fish, milk, gluten free, low in lactose

PACK SIZE

18 x 200 ml pull-tab cartons

SHELF LIFE

15 months from production

Nutritional content	100 ml	200 ml (per portion)
Energy	222 kJ 53 kcal	444 kJ 106 kcal
Fat <i>of which</i>	1.2 g	2.4 g
– Saturated fatty acids	0.2 g	0.4 g
– Monounsaturated fatty acids	0.6 g	1.2 g
– Polyunsaturated fatty acids	0.3 g	0.6 g
Carbohydrates <i>of which</i>	10 g	20 g
– Sugars	9.4 g	19 g
Fibre	0.5 g	1.0 g
Protein	0.4 g	0.8 g
Salt	0.02 g	0.04 g
Vitamin D <i>*of reference intake</i>	2.5 µg	5.0 µg (100%*)
Omega-3 fatty acids	0.3 g	0.6 g
– DHA	130 mg	260 mg
– EPA	90 mg	180 mg